

HNC @ HOME 2026



Applied Art and Design – *Activity 1*

Drawing Techniques



Select an item in your house. It can be anything around you; a mug, ketchup bottle, salt shaker, any object you have to hand!

Gather a selection of pens, pencils or paints as well as some paper. If you don't have any plain paper use anything you can write on; an old book, letter envelopes newspapers etc...

Place the object in front of you and set a 5-minute timer. Draw the object. Pay attention to the light, shadow and contour* of the object. When the 5-minute timer goes off, move your object to a different angle/ position and repeat the task (*contour here means the edges of an object)

To push this activity further, create a mini still life by putting several objects together. Try arranging them so they touch each other. This will be more challenging to draw as you will have to include more shadows and highlights to the objects.