

HNC @ HOME 2026



A Level Dance – *Activity 1*



Watch Andrew Winghart's 'Cry me a River'

<https://www.youtube.com/watch?v=-I-SE6Q9Le0>

Within the Dance course you will explore choreography and how to create dances
Watch the above extract TWICE and make some notes on the following three aspects:

- Unison
- Canon
- Movement style

Submit: a written piece (no more than half a side of A4) discussing how the above elements are being used with the choreography.

Extension Activity: Write a short paragraph that reviews your opinion of the piece.