

A Level Drama and Theatre Studies – *Activity 1*



Konstantin Stanislavski

“Love the art in yourself, not yourself in art.” – (Stanislavski 1924)

Stanislavski was one of the most influential practitioners of naturalistic acting that ever lived. We still use his system today and others have re written and moulded his methods to form others over time. He was famous for his directing techniques and his books ‘An Actor Prepares’, ‘Building a Character’, and ‘Creating a role’. Watch the introductory video and top 5 techniques used by Konstantin Stanislavski (to refresh your memory on any prior learning)

https://www.youtube.com/watch?v=_wCkJFSshio
https://www.youtube.com/watch?v=5_MhhxXSGmo

Now using your own base knowledge and the refresher information, complete the questionnaire for practitioner study.

- Where was Stanislavski born and what was his background?
- What did he believe? (explain)
- He founded the... (explain)
- What did he want actors to avoid? (explain)
- What is a character’s objective? (explain)
- Choose 3 of Stanislavski’s methods to write a paragraph about
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As an extension to this task, you could look at the content from one of Stanislavski’s first published books ‘An Actor prepares’:

https://www.youtube.com/watch?v=ai_ooqqtzil